

File for Life

File of Life

The File of Life is a free program, designed to help your Fire Department Paramedics obtain your necessary medical history and emergency contact information in an emergency... it could help save your life.

Available to the citizens of Waukegan while our supplies last.

The following information will give you a brief overview of this tremendous program.

Please call your local Fire Department for more information or to make arrangements to receive a File of Life packet. You may reach them at 847-625-6335. (Waukegan Fire Department, 1101 Belvidere St., Waukegan, IL 60085)

What you get: Refrigerator magnet file, door sticker, and wallet/purse file

The Refrigerator Magnet File of Life holder: The card, which is kept in a red plastic pocket labeled **FILE OF LIFE**, lists the patient's name, emergency medical contacts, other vital information, medications, dosages, allergies, recent surgeries, religion, doctor's name and a health care proxy. The entire pocket is held, with a magnet to the outside of the refrigerator.

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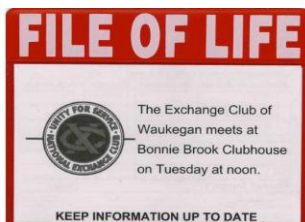
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The door sticker: A simple sticker that you place on your front door, or your primary entry door, alerting EMS personnel that File of Life information should be on the Refrigerator in your home.

The pocket/purse/wallet file: In addition to the **FILE OF LIFE** for the refrigerator, you also get a compact version for you to carry in your wallet or purse. A card containing the same medical information is enclosed in the RED plastic case that you keep with you. This personal wallet size version is a very valuable source of information to emergency medical personnel responding to your possible critical, life-threatening situations. Having instant access to medical facts and information can make the difference when every second counts.

What information is contained in the file? Your name, address, emergency medical contacts, insurance policy and social security numbers, health problems, medications, dosages, allergies, recent surgeries, religion, doctor's name and a health care proxy, etc.

One of the most important parts of the program is keeping your information up to date!!

Please help us help you.

The FILE OF LIFE idea was born in Bridgeport, Connecticut a few years ago. More information about starting such a program in another area is available at <http://www.folife.org/>. Our program is sponsored by your Local Exchange Club of Waukegan.